

FRENCH SECTION OF SPRING '07 FLAND NEWS



FRENCH

Agenda for French Portion of Spring Conference 2007 in Fargo, Ben Franklin Jr. High School:

AATF Schedule: Rm 177

1:00-3:00 Francophone Music: NDSU International Students Presentation

3:00-3:30 Break (Book Fair-Rm240; Exhibits, Silent Auction, Snacks-Rm231)

3:30-4:30 Recipe exchange (Everyone bring a recipe or two that work well in class)

Submitted by Val Kling, BHS & U of Mary

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Submitted by Mary Ann Crow, BHS

Herbert Boswau Memorial Fund Committee Report

The members of the Herbert Boswau Memorial Committee, Barb Beach, Lonny Brakel, Sandy Meidinger, Pat Taylor, LeAnne Tracey, and David Volk, have been conducting discussions online in order progress more quickly with the group's business. The first main concern of the group was to decide upon some fundraisers to help us reach the endowment status rapidly. Two fundraisers we have chosen are the Foreign Language Book Fair and the FLAND Tried and True Cookbook.

The Foreign Language Book Fair will begin with this spring conference. Donated books will be sold for two dollars each, with the proceeds going directly to the Herbert Boswau Memorial Fund. Please bring books (children's books or adult books in a foreign language) to donate to the book fair. Please remove your name or library information from the books. This book fair will be open to the public. Left over books will be sold at the next conference. Please note that textbooks belong in the display area of the conference. Textbooks will not be sold as part of the book fair. See the book fair announcement in another section of this newsletter.

The committee is asking for submissions for a tried and true ethnic cookbook. This cookbook will be compiled and for sale within the next year, depending on the number of submissions. Price will be determined by the size of the final product. See submission request in this newsletter for more information.

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We are discussing other topics related to the memorial fund and Herb's ideas. If you have any suggestions or would like to be part of the committee, please contact any of the committee members.

**The Herb Boswau Memorial Fund Committee,
in conjunction with the
Foreign Language Association of North Dakota's (FLAND) Spring Conference,
announces the first**

Foreign Language Book Fair

April 13 & 14, 2007

Ben Franklin Middle School

Fargo, North Dakota

Exact times and location TBA

Every book \$2.00

All proceeds for the Herb Boswau Memorial Fund

Donations of quality books accepted.

No text books, please.

Monetary donations welcome.

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Recipe submissions requested

The Herbert Boswau Memorial Fund Committee would like to create an ethnic foods cookbook to sell as a fundraiser for the memorial fund. In order to do this, **WE NEED YOUR RECIPE SUBMISSIONS!!** Please follow the guidelines below to submit recipes to the very first *FLAND Tried and True Ethnic Cookbook*.

In General

1. Using a standard word processor, create a normal document.
2. **Proof read your recipe before sending.** The best way to do this is to actually follow your own instructions step by step.
3. Copy the contents of the document into the body of your e-mail. (Copy shortcut: {ctrl} {c} Paste shortcut: {ctrl}{v}.)
4. Keep in mind that the reader won't be able to call you to ask questions. Be clear, complete, specific, and precise. The reader must be able to create the dish as you would.
5. We reserve the right to refuse posting of anything submitted.
6. Please submit recipes that you have successfully served to others. This is the cornerstone to a "tried and true" cookbook.

For Ingredients

1. Please format ingredients **one per line**.
2. Be specific and precise with respect to amounts. Please measure each ingredient. Where a "pinch," or "dash," or some other vague measurement is used, measure the amount used.
3. List each ingredient in the order of use.
4. When rice or pasta is used, list the dry measure. Example: 3 cups rice, cooked, rather than 6 cups of cooked rice.
5. Specify the weight of cans and packages.
6. Give the weight and number of pieces of meat, poultry, and fish. Example: 4 boneless chicken breasts, about 6 ounces each.

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7. Add instructions for ingredients that need advance preparation. Example: specify if an ingredient needs to be thawed, soaked, drained, melted at room temperature, or be marinated in advance.
8. Avoid using abbreviations. Please spell out units of measure: cup, gallon, ounce, package, pint, pound, quart, teaspoon, tablespoon.
9. Be clear about optional and alternate ingredients.

For Recipe Instructions

1. The procedure for preparation should be clear, complete, precise, logical, and orderly.
2. Suggested description helping terms: bake, blanch, boil, brown, chill, chop, combine, crush, dice, fry, grate, melt, mince, mix, sauté, sear, shake, simmer, sprinkle, steam, & stir.
3. Give visual descriptions if appropriate. Example: batter will be stiff, or bake until cake is firm around the edges.
4. Be sure to specify pan sizes, cooking temperatures and cooking times. Example: in a large frying pan over medium-high heat, sauté the garlic until golden, about 2 minutes.

Submit the Following

1. Your Name
2. Your e-mail address
3. Recipe Name
4. Original Recipe Source
5. Ingredients
6. Preparation Steps
7. Servings or yield
8. Comments (optional)
9. Additional information - history about the dish, nutritional value, recipe history, etc.
10. How would you like to be credited?
 - a. Initials only: D. F.
 - b. First name only: Drew
 - c. First name and initial of last name: Drew F.
 - d. First name and last name: Drew Faber

Recipes by snail mail accepted, but discouraged as I do not have a lot of time to retype recipes! Duplicate recipes will be entered on a first-come-first-serve basis.

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Submit your recipes to: leanne.tracey@sendit.nodak.edu

Mail recipes to: LeAnne Tracey

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